



# STATE OF IOWA

CHESTER J. CULVER, GOVERNOR  
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DEPARTMENT OF EDUCATION  
JUDY A. JEFFREY, DIRECTOR

DATE: February 2009

TO: Middle, Junior – Senior High School, Alternative School Principals, HIV Educators, School Nurses, Administrators Community-based and Faith-based Organizations, Youth-Serving Agencies, Juvenile Detention Faculty and Staff, and other interested persons

FROM: Sara A. Peterson, RN, MA, HIV/AIDS Project Director  
Iowa Department of Education

RE: 2009-2010 HIV (STD & Pregnancy) Prevention Teacher Training Schedule:  
“Draw the Line/Respect the Line 6,7,8”  
“Making A Difference” Curriculum  
“Making Proud Choices” Curriculum

The 2009 – 2010 HIV (STD & Pregnancy) Prevention Teacher Training Schedule and Registration Form attached.

**“Draw the Line/Respect the Line 6, 7, 8”** curriculum is an abstinence-based curriculum for grades 6, 7, and 8. This curriculum helps students develop personal sexual limits and practice the skills needed to maintain those limits when challenged. Health sexual limits will keep youth safer from HIV, other STD and unplanned pregnancy. This curriculum is designed to be used either in the classroom or a youth serving agency in a community setting.

**“Making A Difference”** curriculum is an abstinence-based HIV, STD and pregnancy prevention curriculum. To reduce HIV/STD and pregnancy risk-related behaviors adolescents need not only knowledge and perception of personal vulnerability, but also positive attitudes and beliefs regarding abstinence, abstinence negotiation skills and confidence in their ability to abstain from sex. It can be used with middle-high school youth and youth-serving agencies. This curriculum complies with HF 611) Iowa Code 256.9(54), the expanded mandate for age-appropriate, research-based human growth and development in the areas of AIDS education.

**“Making Proud Choices”** curriculum is a comprehensive-based, HIV, STD and pregnancy prevention curriculum. It is a safer-sex approach to HIV/STD and teen pregnancy prevention; therefore, it includes information on birth control and contraception. It can be used with middle-high school youth and youth serving agencies. This curriculum complies with HF 611(Iowa Code 256.9(54), the expanded mandate for age-appropriate and research-based human growth and development curriculum, in the area of AIDS education.

Registration for all trainings will begin at 8:15 am and we will plan to finish by 3:45 pm each day.

Please feel free to dress casually. Curricular materials, lunch and coffee breaks will be provided.

You may bring cell phones but will be asked to turn them off during class.

Grimes State Office Building - 400 E 14th St - Des Moines IA 50319-0146

PHONE (515) 281-5294 FAX (515) 242-5988

[www.iowa.gov/educate](http://www.iowa.gov/educate)

*Helping Communities Meet the Learning Needs of All Their Children and Adults*

Substitute teacher pay, for the two day teacher training will be reimbursed for teachers in attendance, during the school year, through the Iowa Cooperative Agreement Grant from the Centers for Disease Control and Prevention.

**PLEASE NOTE:** In order for your school district to be reimbursed for substitute teacher pay, during the school year. You will need to bring with you, on school district letterhead, an invoice stating the name(s) of the teachers in attendance, name and dates of class, and the cost of the substitute teacher for each day. It must have an original signature of the administrator. The reimbursement will be paid to the school district through the Electronic Funds Transfer (EFT). Reimbursement will not be paid if this invoice is not brought to the training or received within 14 days of the training date(s). “Making A Difference” and “Making Proud Choices” curriculum trainings CAN be listed on the same invoice. The invoice MUST be dated AFTER the actual training dates.

**Also Note:** The curricula training fulfill the requirement of HF 611 (Iowa Code 256.9(54) in the area of HIV/AIDS education. Please call Sara Peterson at (515) 281– 4804, email [sara.peterson@iowa.gov](mailto:sara.peterson@iowa.gov), if you have questions regarding HF 611, the expanded Human Growth and Development requirement.

If you plan to attend any of these classes please fill out the enclosed registration and return it by mail to the indicated address or fax to Mary Jo Clark, (515) 281-6548. **The registration deadline is listed for each class on the registration form. These deadline dates are FIRM.** Each person attending the trainings must fill out a form.

If you have questions about the class, reimbursement, etc. please feel free to contact me at (515) 281–4804, [sara.peterson@iowa.gov](mailto:sara.peterson@iowa.gov) or Mary Jo Clark, (515) 281 – 4751, [maryjoclark@iowa.gov](mailto:maryjoclark@iowa.gov), fax (515) 281-6548 .

A confirmation of attendance letter will be sent if time permits.

**We reserve the right to cancel a class due to low attendance or postpone due to inclement weather.**